

THE ART OF  
HOSPITALITY



M E N U

THE  
BEACH  
KITCHEN

Prices include V.A.T. A discretionary service charge of 10 % is levied.

GF - Gluten free | V- Vegetarian

Please speak to a member of staff for any dietary requirements.

# B R E A K F A S T

8:00AM to 10:00 AM

## Full English Breakfast

11.95

The buffet includes a selection of breads, including fresh home baked ones, spreads, cereal, fresh fruit, cheese, cold cut meats, yogurt, smoothie of the day, packaged juices and freshly squeezed orange juice

The hot section in the buffet features soft scrambled eggs, pork sausages, bacon, hash browns, baked beans, tomatoes and mushrooms.

You may select a classic tea, specialty coffee or hot chocolate from our menu on pages 9 and 10.

You may also choose a made to order breakfast main. Please allow fifteen minutes for service.

## Made to Order Breakfast Mains

### Cinammon Pancakes (V)

With icing sugar glaze and berry compote

### Sunny Side Up (V)(GF)

All time favourite

### Three Egg Omelette (GF Option)

Choose fillings from ham, bacon, cheese, mushroom, olives and onion



### **Smashed Avocado on Sourdough (Vegan Option)**

Watermelon, feta, garnished with radish, drizzled with olive oil and served with chilli flakes on the side

### **Avocado Toast with Poached Eggs (V)**

Sliced avocado, poached eggs, pomegranate molasses, dukkha mix, drizzled with lemon & olive oil served with grilled sourdough

### **Florentine (V)**

Toasted muffin, spinach, two poached eggs & hollandaise sauce

### **Benedict**

Toasted muffin, ham, two poached eggs & hollandaise sauce



# S O U P , S A L A D & S T A R T E R

11:00 AM onwards

## Soup

**Roasted Bell Pepper Soup served with  
Crusty House Bread. (V)(GF)** 5.95

Rich and intensely flavoured soup, made with juicy and charred red peppers, garlic and sun dried tomatoes.

## Salad

**Caesar's Salad (V)(GF Option)** 6.95

Romaine lettuce, radicchio, boiled eggs, garlic croutons, mixed olives, tossed in Caesar dressing and extra virgin olive oil, sprinkled with grated parmesan.

**Add roast chicken breast or bacon for 1.95**

**Cobb Salad (V) (Vegan Option) (GF)** 6.95

Mix lettuce, sundried tomatoes, avocado, roasted beet root, mixed olives, cherry tomatoes with buttermilk dressing

**Add roast chicken breast for 1.95**

## Starter

**Roasted Goat Cheese with  
Pistachio paste (V) (GF)** 7.95

Served with watermelon and sun-dried tomatoes

**(Contains Nuts)**

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# C R E P E S & G A L E T T E S

05

11:00 AM to 5:00 PM

## Sweet Crepes (V)

Lemon Sugar	5.95
Salted Butter and Caramel	6.95
Nutella Banana	6.95
Chocolate and Strawberry	6.95

## Savoury Crepes

Add £ 1.00 for Galette (Gallettes are GF)

<b>La Classique</b> Ham and Cheese	7.95
<b>La Complete</b> Ham, Cheese & Egg	8.95
<b>La Potagere (V)</b> Spinach, Egg, Garlic, Cheese & Tomatoes	8.95
<b>La Vegan</b> Ratatouille (mixed vegetables), spinach, sundried tomatoes and Vegan cheese	8.95
<b>La Goaty (V)</b> Goat cheese, red onion chutney, sundried tomatoes and spinach	8.95
<b>La Raclette</b> Raclette cheese, Ham, Mushroom, Gherkins & home made sauce	9.95

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Suitable for takeaway

# P I Z Z A

11:00 AM onwards

## Vegan's delight (Vegan) 13.95

Vegan mozzarella, onions, roasted bell peppers and sundried tomatoes.

## Tuscany (V) 14.95

Mozzarella, mixed olives, sun-dried tomatoes, onions, Greek feta and rocket on a tomato base.

## Quattro Formaggi (V) 15.95

Smoked cheddar, mozzarella, scamorza and parmesan on a tomato base

## The Italian Job 14.95

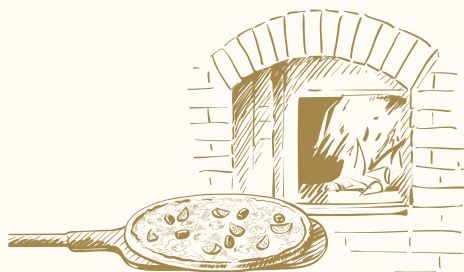
Scamorza on a tomato sauce base with spicy salami and chilli oil

## Barbeque Chicken and Pancetta 15.95

Smoked cheddar roasted chicken breast with Italian pancetta on barbeque sauce base (This pizza has a sweetish flavour)

## Don Corleone 15.95

Scamorza, Italian Pancetta, sundried tomatoes, mixed olives on a tomato base with burrata, basil pesto and rocket




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Suitable for takeaway

## P A N U Z Z O

11:00 AM onwards

<b>Mama Mia (V)</b>	8.95
Tomato, basil pesto, mozzarella, sun-dried tomato, mixed olives	
<b>Absolutely Vegan (Vegan)</b>	8.95
Vegan mozzarella, courgette, bell pepper, mixed olives, sun-dried tomatoes and red onions on a tomato base	
<b>Burattina</b>	9.95
Smoked cheddar, Italian pancetta, burrata, mixed olives, sun-dried tomato on tomato base	
<b>Half Way to Heaven</b>	9.95
Scamorza, spicy salami, roasted chicken breast, onions and basil pesto on a tomato base	

## G O U R M E T S A N D W I C H E S

11:00 AM onwards

<b>Roasted Chicken Sandwich</b>	8.95
Roasted chicken mixed with Siracha mayonnaise, gherkins, ice berg lettuce and mixed cheese. Served on toasted sourdough.	
<b>Avocado &amp; Egg Sandwich</b>	9.95
Mashed avocado with cilantro, arurgula, pesto mayonnaise, fried egg and mixed cheese. Served on toasted sourdough.	
<b>Ham and Cheese Sandwich</b>	9.95
Melted smoked cheddar with ham, lettuce, mayo, butter, crackled black pepper and dijon mustard on toasted sourdough	
<b>Ultimate Crab Sandwich</b>	15.95
A Cornish classic. Crabmeat tossed in caramelized onion and parsley, served on toasted sourdough.	

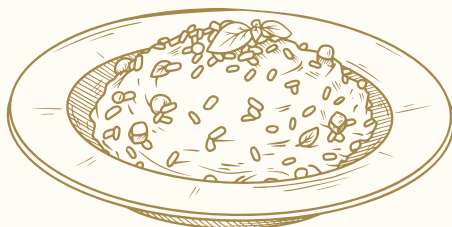
Suitable for takeaway

# M A I N S

11:00 AM onwards

- Rocket and Parmigiano Ravioli (V)** 13.95  
Ravioli infused in butter served with quattro funghi cream sauce
- Wild Mushroom Risotto (GF Option)** 14.95  
Arborio rice infused with white wine and wild mushroom.
- Pappardelle Basilio cream (GF Option)** 14.95  
The finest Italian pasta tossed in pesto cream with pork sausage
- Chicken Steak (GF)** 16.95  
Stuffed with black olive and scamorza cheese served with mushroom pepper sauce and roasted vegetables
- Pan-Seared Cod (GF)** 17.95  
Mashed potato, exotic seasonal vegetables served with wine velouté
- Grilled Salmon (GF)** 18.95  
Served with orange reduction and potato puree.

For more seafood, please see our 'Fresh from Newlyn' Menu of the day





# T E A & H O U S E B E V A R A G E S

All day

## Classic Teas 2.95

English breakfast, Earl grey, Peppermint

## Flavoured Teas 3.95

Liquorice and peppermint, chai tea, super fruit,  
peppermint leaves, Mao feng green tea, honeybush and  
rooibos, lemon and ginger

## Tea for Two 4.95

### Blooming Flower Teas – endless cups

#### Fruit Tea

Litchi, acai berry, strawberry, orange, mango,  
pineapple, melon, pomegranate, tangerine spice

#### Exotic Pots

Orange osmanthus, roselle melody, vanilla dreams, heart of  
gold, lychee snow, peachy rose, jasmine fairies, jasmine bow,  
dancing lovers

## House Beverages

Lemongrass Iced Tea 3.95

Passionfruit & Almond Iced Tea 3.95

Mixed Berry and Banana Smoothie 4.95

Freshly Squeezed Orange Juice 4.95

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C O F F E E   &   H O T  
C H O C O L A T E

All day

Specialty Coffees

2.95

Café Latte

Café Mocha

Espresso

Espresso Macchiato

Double Espresso

Cappuccino

Hot Chocolate

3.95

Belgian Chocolate

Flavoured Hot Chocolate

Vanilla or Caramel



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Suitable for takeaway

# D E S S E R T S

Served from 11:00 AM onwards

## Desserts (V)

**Sizzling Brownie** 6.95  
Vanilla ice cream drizzled with caramel sauce.

**Saffron Tres-Leche Cake** 7.95  
Milk soaked almond cake, vanilla ice cream, saffron custard and sesame brittle. (Contains nuts)

## Home Made Artisan Ice Cream (V)

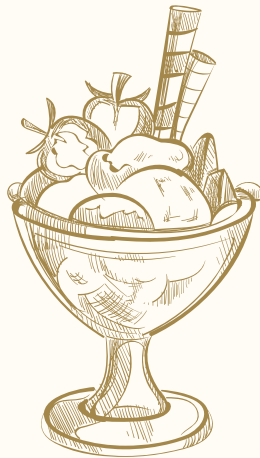
Single scoop - 2.95, Double Scoop - 4.95

Salted Caramel

Madagascar Vanilla

Coffee Oreo

Belgian Chocolate



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Ice creams suitable for takeaway



THE  
BEACH  
KITCHEN

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